

Dear Friends, families and CBC supporters,

We hope you have been getting in shape, or at least psyched up, for the upcoming 11th Annual Crescent Beach Challenge benefiting the North Florida Chapter of the Leukemia & Lymphoma Society. As tradition has it, the main event will be 'sandwiched' between a Friday evening kickoff party in the Hammock and a Saturday night tribal party in St. Augustine Beach.

While the spirit and purpose of the CBC hasn't changed

- 1) Gather together to honor those affected by blood-related cancers
- 2) Reunite with families and friends
- 3) Challenge ourselves to not only finish our races events (!) but to donate needed money to LLS

Some things have changed

- 1) New location for main event - we are moving the main event further south to Marineland park (see below)
- 2) New location for Friday night kickoff party – Malacampra Park in the Hammock (see below)
- 3) Shortened races (see below)
- 4) Adding a new relay race challenge (see below).
- 5) Unlike last year organizers will be keeping 'score' and posting 'official' top two finishers in each category.

Some details:

Main event location and schedule

Date: Saturday, June 13

Location: Flagler County Park immediately south of the Marineland tourist attraction

Directions to park: From main Crescent Beach Ramp at SR206 intersection go south on A1A for 7 miles (3 miles south of Matanzas inlet bridge) until you see the Marineland tourist attraction on left. Immediately south of the attraction is a county park with a boardwalk. We will have registration set up in pavilion next to boardwalk and have the race event setup on beach towards the north end of the boardwalk. There are restrooms! No charge to park at the park.

Registration: If you don't register Friday at kickoff party then you can register starting 7:30am at the park pavilion. \$30/person. You can download the form from the website (www.crescentbeachchallenge.org) to save time filling it out at the site. One per family.

Schedule of event:

6:30 a.m. Setup if you want to help.

7:30 a.m. Registration starts*
8:30 a.m. All races start
10:30 a.m. Ceremonials
11:00 a.m. Photo and Lei ceremony (see email to follow)
11:30 p.m. Lunch cookout
12:30 p.m. New 'Throw Down' relay race (see below)
2:00 p.m. Organizers will start breaking down (tent and tables that is)

* water, Gatorade and light snacks provided for early morning

Races

Sign up for one race only*:

1K Run - 8U
2.5K Run - 14U
5K Run Open / Masters (50 yr)
2K Kayak
1K Swim
2K Surfboard 14u / Open / Masters
Kahuna (run then surfboard paddle)14U / Open / Masters

*1st and 2nd places recognized

Race notes:

- a) Each race is Up-and-Back
- b) For run races turn around markers will be set at halfway mark 0.5K, 1.25K, and 2.5K north of the start.
- c) Water buoys will be set at 50-yd directly offshore for first turn, then a 2nd buoy south at 0.5K and 3rd buoy at 1K.
- d) Kahunas will grab their boards after finishing the run and start immediately on the surfboard paddle
- e) Surfboard and Kahunas need to carry their boards across the finish line.

NEW 'The Throw-Down' 4-person, 400-yard Relay Challenge

We are going to try out a new 400-yard/four person surf paddle relay this year. Each team member must paddle out and around the first turn buoy, which will be set about 50 yards off shore, then paddle or surf back to shore. Each team member must complete the 100 yard loop paddle, and run their board in to the next relay member, until all four members have completed the relay.

Relay winners will enjoy bragging rights, so organize your 4-person team and sign up Friday night or Saturday morning for the Throw-Down 400-Yard Relay Challenge to be held Saturday June 13, after lunch. Committee organizers reserve the right to handicap teams as we see fit.

Friday night Kickoff Party in the Hammock

Friday nights are a special time to gather under less hectic conditions prior to the event. Besides registering and receiving the cool CBC shirts, you can enjoy food, drink, and live music. The kickoff party is being held at [kid-friendly](#) park with playground equipment, volleyball, basketball – and there is an [air-conditioned community hall](#) building for setting up the band and food. The setting for this party in the Hammock is well worth the trip.

When: Friday night, June 12, 6 -10 p.m.

Location: Malacampra Community Park in the Hammock

Directions: From St. Aug. go south on A1A 3.5 miles past Marineland tourist attraction. Turn left towards the beach on Malacampra Road which is across A1A from Bings Landing. Go east down Malacampra Road for ½ mile and the park is on the left.

Food.drink: Bono's BBQ, water, lemonade, tea, sodas, beer/limited wine (must be 21 strictly enforced)

Music: Crescent Beach Mulletstompers plus plenty of open mic opportunities (bring your axe or other...)

Raffle: We will start the surfboard raffle and also have great prize packages to raffle off

[So, Git On Down to the Hammock Friday Night!!!](#)

[Saturday night Tribal Party at the Ocean Grove Camp Resort](#)

Saturday night is a chance to unwind. The CBC has arranged for the Ocean Grove Camp Resort to let us use their pavilion (next to swimming pool!) for a place to party. Robin who runs the camp is pulling out his killer disco-PA sound system that we can use for dancing, playing instruments, or what ever tribal urges arise.

When: Saturday June 13 evening 6-10?

Location: Ocean Grove Camp Resort across the street and a tad south from the Oasis Restaurant in St. Augustine Beach (A1A ½ mile south of Publix). You can park in the Oasis Restaurant south parking lot and walk across. Meet at the Pavilion.

4225 A1A South
St. Augustine Beach
904-471-1314

Want to stay at the campgrounds?: Ocean Grove has offered discount for anyone staying at the resort Friday/Saturday night. Just mention the CBC. Call first and ask for Linda, Curt, or Debbie.

Food/drinks: No food guaranteed but asking people to bring a snack to go with drinks. Water, lemonade, sodas, beer, limited wine, BYOB.

Can't think of anything more so.....

On behalf of the tribal council:

Tom Glikes
Becky Legate
Mark Nelson
Mark Constant
Michelle and Mark Van Leer
John Howard
Leah Gibbs
Doug Cooper
Kathy Zimmerman
Ian Millinoff
Mike Ryals
Josh Hellstrom
Kemp and Teri Howell
Via and Ray Ivey
Beth Martin
Bruce Jones
Sheri Wilson
Brad Million
Jeff Million

See you there!



The Gathering of the Tribe

June 13, 2009

11th Annual Crescent Beach Challenge

<http://www.crescentbeachchallenge.org>